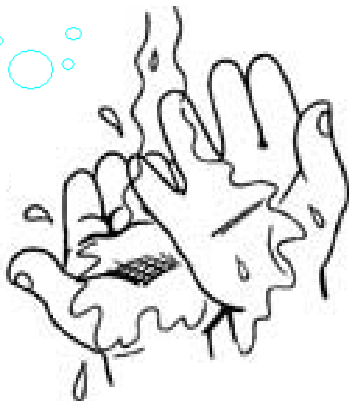


# Wash Hands Often!

Its the best way to **STOP** the spread of disease!



1. Wet hands



2. Soap  
(20 seconds)



3. Scrub backs  
of hands, wrists,  
between fingers,  
under fingernails.

## **BEFORE**

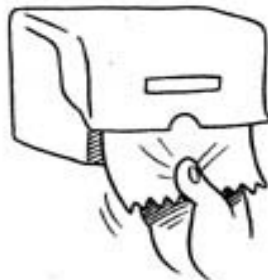
- Your Shift Begins
- Handling Food
- Putting on Clean Gloves

## **AFTER**

- Handling Raw Foods
- Using the Restroom
- Taking a Break or Smoking
- Coughing, Sneezing, Eating, or Drinking
- As often as necessary to remove Soil & Contamination



4. Rinse



5. Towel dry



6. Turn off  
taps with  
towel

Clinton County Health Department  
111 S. Nelson Ave., Suite 1  
Wilmington, OH 45177  
(937) 382-7251