

**CALLING ALL  
SUPERHEROES!**

# **FALL DOWN OR FLY 5K**

**Cowan Lake State Park  
October 7, 2017 at 9:00 am**  
Registration begins at 8:00 am

**For registration  
and location details  
please visit  
[ccbdd5k.wixsite.com/  
ccbdd5k](http://ccbdd5k.wixsite.com/ccbdd5k)**

**Proceeds benefit  
individuals with  
disabilities to gain and  
maintain employment in  
the community**

**Come dressed in your favorite superhero  
costume. Prizes will be awarded for  
best dressed and most creative!**



Timing provided by  
**Buckeye Timing**

